Useful applications of Electro-Lymph Therapy

This therapy can also be used to help with:

- * Sinus problems
- * Headaches
- * Skin lesions on head and face
- * Hearing difficulties
- * Sore throats
- * Lymphadenopathy in the neck
- * Stiff necks
- * Sore / Frozen shoulders
- * Whiplash
- * Pulmonary inflammation and edema
- * Relieves congestion associated with emphysema
- * Helps relieve asthma
- * Fibromyalgia
- * Cellulite reduction
- * Chronic colitis
- * Reducing lymph edema of the arm including carpel tunnel syndrome
- * Problems associated with fluid retention
- * Congestion in breast tissue

Contra-Indications

- * Electrical devices (pacemakers)
- * Pregnant
- * Terminally III
- * Lots of medication with a high toxic load

What people say about the LymphLite sessions:

- ~ I started working out again and my leg muscles were sore. The ELT increased my recovery time. Making it easier to not give up on my workouts due to sore muscles.
- ~ I had extreme soreness in my arm, even after a massage. I thought I had tendonitis. But it turned out my lymphatics were clogged in that area, causing me to be in pain. After two sessions my pain and stiffness went away.





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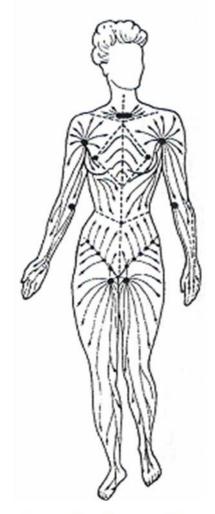
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Electro-Lymphatic Therapy



A safe drug free method to produce healing and health in your body.

<u>Understanding</u> Electro-Lymphatic Therapy

Based on Quantum Physics, this is a safe, drug free method of improving the flow of fluids in the body. Electro-lymphatic therapy primarily uses an energy field to produce healing and health in a person.

It is a non-invasive, safe, highly effective therapy that very rapidly dissipates any lymph congestion which particularly accumulates in the upper chest and axilla (armpit) regions of the upper body. Previously trapped protein clusters clogging up the lymph system are broken up allowing the lymph to flow more freely.

The lymph system covers the entire body and can greatly affect many functions of the body when there are obstructions in the flow of body fluids particularly blood and lymph.

Disruption of the normal flow of fluids occurs by the obstructive effect of clumped red blood cells. This interferes with oxygen being delivered to various parts of the body which in turn can cause various pathologies to occur.

It is the charge of negative ions to the surface of red blood cells that stops them from clumping.

A healthy person's red blood cells already have this negative charge on the outside of their cells allowing them to smoothly move through the body.

With numerous electrical and digital devices being used in today's society, this causes us to lose the protective negative ion charge to the surface of our cells.

Dr Simon de Montfort who designed this machine, and in his 20 years of research has found there to be a strong relationship between the sluggish flow of lymph and chronic illnesses.

His specially designed light beam device simply restores the negative ion charge onto the surface of the cells, allowing them to move more freely.

How does it work

Electro-lymphatic therapy works by producing an energy field that is applied to the surface of the skin. The energy field produced by this device brings light energy to the darker congested parts of your body which are contracting and gives them the ability to relax.

The energy moves through the tissue and knocks electrons off the body cells giving them a negative charge which attracts them to the fluids flowing through blood and lymph. The relaxation of muscles and expansion created by this new energy field allows fluids to flow freely.

By improving the pressure differential between the blood and lymph allows nutrients, hormones and other necessary substances to flow from the blood into the cell bed. This keeps the body in a better state of health.

Electro-Lymphatic Therapy works in two ways.

- 1) One way is the initial **relief of pressure** and tension it provides from only a gentle pressure to the surface of the skin.
- 2) The second benefit is that it can **reduce pressure sensitivities** in only a couple of sessions, making the next step of deeper massage much more tolerable.

The energy field produced enhances the movement of lymph by improving its flow into the major collecting nodes where the extremities connect to the body. This in turn improves the elimination of accumulated toxins in the lymph which has an enormously beneficial effect on the immune system.

Although this machine does not cure, it treats problems associated with chronic conditions.

To achieve the full effect of this device, time and patience is required.

Since the lymph system runs throughout the body, anything that hinders the lymph system can effect the entire body.

The Quantum Physics behind this device not only charges red blood cells, improving their mobility, it also breaks up wastes being stored in the tissues, which clears pathways in the lymph system to make the immune system more functional.

Blood and lymph flow are interdependent. so whatever helps the lymph to flow will also help blood to flow and vice versa.

The energy field created also has the ability to flush pathogens such as viruses and yeast from the interstitial spaces into the lymph channels.

<u>Preparation required prior to your</u> <u>Electro-Lymphatic Treatment</u>

Following a shower that morning, it is important not to apply any body lotion or deodorant.

This avoids corroding the delicate structure of this machine, but also prevents any of the ingredients inside such products to be driven into the skin during a treatment session. Remove all jewelry.

To maximize your Electro Lymphatic Treatment:

- \sim It would be beneficial to drink 1.5 to 2 liters of alkaline water the day before and the day of your treatment.
- ~ Receive a Colon Hydrotherapy Treatment
- ~ Dry or wet skin brushing
- ~ Eat a healthy diet
- ~ Do some regular gentle exercise or rebounding.

This prepares the body to remove toxins without producing severe detox reactions.